



**AMA-DEUS®  
APPLICATION FOR INSTRUCTOR LEVEL**

Name \_\_\_\_\_

Address \_\_\_\_\_ State \_\_\_\_\_

Zip \_\_\_\_\_ Country \_\_\_\_\_

Email \_\_\_\_\_ Birthday \_\_\_\_\_

Preferred Phone number \_\_\_\_\_

Education \_\_\_\_\_

Wholistic Education \_\_\_\_\_

**Three Requirements**

1. Minimum 2 years of experience with all levels.
2. Submit a minimum two-page paper describing your relationship with Ama-Deus, your present use of energy for healing, and why you desire to work at this level of sharing sacred wisdom.
3. Validate in a written document your personal healing journey, the techniques used, and instructors.
4. Submit this application along with Level I, II, III, certificates to [elizabethcosmos@sbcglobal.net](mailto:elizabethcosmos@sbcglobal.net) or [Lyn777@att.net](mailto:Lyn777@att.net) or [yuxuangong1@yahoo.com.hk](mailto:yuxuangong1@yahoo.com.hk)

## *To Teach is to Learn Twice Over*

Upon approval of this application the applicant will choose one person among the current instructors for a minimum of one-year mentorship. The purpose is to provide support and guidance in the developmental stages from a practitioner to instructor or Sacred Wisdom Carrier. During the one-year mentorship the following requirements are fulfilled:

- 1.) **Personal Healing Work:** This is validated through discussions with your mentor and shared with other participants.
- 2.) **Attendance of Classes:** Attend two sessions of each class level with an instructor. Action/Evidence is by the applicant's written evaluation of the mentorship listing the classes attended and dates.
- 3.) **Other Healing Modalities:** Personally experience six different healing modalities. The purpose is to have an awareness/understanding of other modalities. Submit a one-page summary of each modality experienced, including the professional's name and credentials, date you received the treatment, briefly explain the procedure and how the modality works, a general statement of your experience and a statement of the appropriateness for referral of clients.
- 4.) **Required Reading:** This is a *suggested* list; if the student wishes to read something outside this list, they may make a request to their mentor. Choose six and with a brief review submit electronically to your mentor.

1. Neihardt, John *Black Elk Speaks*, The University of Nebraska Press 1979.
2. Heart, Bear. *The Wind is my Mother*, Clarkson N. Potter, Inc. 1996
3. Mails, Thomas. *Fools Crow*, Council Oak Books, 1991
4. Chakravarti, Sree. *A Healers Journey*, Rudra Press 1993
5. Shield B., Carlson, R *For the Love of God*, New World Library, 1990.
6. Remen, Rachel. *Kitchen Table Wisdom*
7. Cohen, Kenneth. *Honoring the Medicine*, One World Book 2003.
8. Oschman, James. *Energy Medicine*, Harcourt Publishers, Limited 2003.
9. Bach, Edward. *Heal Thyself*, C.W. Daniel Company Limited 1931.
10. Markides, Kyriacos. *The Magus of Strovlos*, Penguin Books 1985.
11. Gerber, Richard. *Vibrational Medicine*. Bear & Company 1988.
12. Hawkins, David. *Power vs Force*, Veritas Publishing 1995.
13. Benor, Daniel, *Spiritual Healing*, Vision Publications 2002
14. Talbot, Michael. *Holographic Universe*, Harper Collins 1991
15. Shealy, C. Norman, *Sacred Healing*. Element Books, Inc. 1999
16. Storm, Hyemeyohsts, *Seven Arrows*, Ballentine Books 1972 and *Lightningbolt*, 1994

17. Renard, Gary, *Disappearance of the Universe*
18. Cosmos, Elizabeth. *Ama-Deus; Healing with the Sacred Energy of the Universe.*
19. Markowitz, Dave, *Self-Care for the Self-Aware*, Balboa Press 2013
20. Mackey, Katharine, *Soul Awareness*, 2012
21. Tellinger, Michael, *African Temples of the Anunnaki*, Bear and Co, 2004
22. Smith, Lois Anne, *Light in the Night* Balboa Press 2014
23. Kenyon, Tom, *The Hathor Material Messages from an Ascended Civilization*, 1996
24. Buhner, Stephen, *The Secret Teachings of Plants*, Bear and Co. 2004
25. Bair, Puran & Susana, *Energize your Heart*, 2007
26. Roman, Sanaya, *Opening to Channel*,
27. Burmeister, Alice and Monte *A Touch of Healing*
28. Miller, James & Cutshall, Susan *The Art of Being a Healing Presence*
29. Sui, Master Choa Kok *Pranic Healing*
30. Zuckerman, Desda *Your Sacred Anatomy*
31. Millman, Dan *Way of the Peaceful Warrior*
32. Tohei, Koichi *Book of Ki Co-Ordinating Mind and Body*
33. Wong, Eva (translated) *Seven Taoist Masters* Shambhala 2004
34. Muktananda, Swami *Where are you Going?* Syda Foundation, 1994
35. Khan, Pir Vilayat Inayat, *Awakening: A Sufi Experience* Putnam 1999
36. Ruiz, Don Miguel, *The Four Agreements* Amber-Allen Publishing 1997

**5.) Instructors Level Cost:** Course is \$700.00 for a year mentorship leading into a three day course that includes: supporting materials, and food for three days, purification ritual and Sacred Wisdom Carrier ceremony.

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